

SCVSFSA

Dec 3, 2018 thru Dec 21, 2018

Base Menu Spreadsheet

Combined: K-8 Breakfast/Middle School (6-8) Lunch

Portion Values - Detailed

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Generated on: 11/21/2018 11:46:35 AM

	Portion Size	Carb (g)
Mon - 12/03/2018		
K-8 Breakfast	Total	
CYCLE 11	SERVING	0.0
Muffin, Banana 1.8oz BV	Muffin	23.0
String Cheese @breakfast muff	PACKAGE	0.0
Breakfast Bun, WG	BUN	39.0
Cereal, Cinn Toast Crunch, RS	Bowl	22.0
Cereal, Cheerios	1 oz	20.76
Cereal, Trix, WG, RS	Bowl	24.0
Crackers, Jungle Breakfast	1 oz	19.63
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Fruit Juice, Variety***	4 fl.oz.	15.5
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Middle School (6-8) Lunch		
CYCLE 11	Total	
Burrito, Bean & Cheese, Lunch	SERVING	0.0
Hot Dog, Turkey Frank	5.75 oz	54.0
Bun, Hot Dog, WG, 6"	5" Frank	1.0
Specialty Salad/Yogurt Parfait	Bun	27.0
Pizza, Cheese, 8slice 1.75MMA	Container	59.58
Pizza, Pepperoni 8slc 1.75MMA	Slice	42.27
Salad Blend	Slice	41.86
Beans, Red Kidney	3/4 Cup	4.0
Green Beans	1/4 CUP	11.0
Apple Slices IW***	1/4 CUP	2.5
Peaches, Diced, Cnd	2 oz Pkg	7.0
Milk, Nonfat	1/4 Cup	12.0
Milk, 1% Lowfat	HALF PINT	12.0
Milk, Chocolate Nonfat	HALF PINT	14.0
Dressing, Italian	Carton	23.0
Dressing, Ranch	2 TBSP	6.0
Ketchup	2 TBSP	2.0
Mayonnaise. Light	1 TBSP	5.0
Mustard	1 TBSP	2.0
Salsa, Mild, Cnd	1 Tbsp	0.0
Taco Sauce, Mild	2 TBSP	4.0
Weighted Daily Average	pkt	1.18
% of Calories		34.68
Nutrient Guideline		73.9%

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	Portion Size	Carb (g)
Tue - 12/04/2018		
K-8 Breakfast	Total	
CYCLE 12	SERVING	0.0
Cinnamon Toast	Pkg	30.0
Breakfast Bun, WG	BUN	39.0
Cereal, Cinn Toast Crunch, RS	Bowl	22.0
Cereal, Cheerios	1 oz	20.76
Cereal, Trix, WG, RS	Bowl	24.0
Belly Bears, WG, Brkfst Cinn	package	21.0
Fruit, Fresh, Breakfast***	1 piece	17.8
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Milk, 1% Lowfat	HALF PINT	14.0
Milk, Nonfat	HALF PINT	12.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Middle School (6-8) Lunch	Total	
CYCLE 12	SERVING	0.0
Ranch Chicken Wrap:	1 Each	38.9
Salad Blend 1cup***	1 cup	5.33
Cheese, Shredded	1 oz	0.19
Chicken, Diced	2 oz	0.74
Dressing, Ranch	2 TBSP	2.0
Tortilla, WG 12"	Tortilla	42.0
Chicken Tenders	3 Pieces	13.0
Crackers, WG, Mini, Zesta	1 Pouch	7.0
Specialty Salad/Yogurt Parfait	Container	59.58
Pizza, Cheese, 8slice 1.75MMA	Slice	42.27
Pizza, Pepperoni 8slice 1.75MMA	Slice	41.86
Salad Blend	3/4 Cup	4.0
Celery Sticks	1/4 CUP	1.14
Corn, Cnd 1/4c	1/4 CUP	12.75
Fruit, Mixed, Cnd	1/4 cup	9.0
Fruit Juice, Variety***	4 fl.oz.	15.5
Banana***	1 EACH	18.5
Milk, Nonfat	HALF PINT	12.0
Milk, 1% Lowfat	HALF PINT	14.0
Dressing, Italian	2 TBSP	6.0
Dressing, Ranch	2 TBSP	2.0
Ketchup	1 TBSP	5.0
Mustard	Tbsp	0.0
Mayonnaise. Light	1 TBSP	2.0
Marinara Sauce	1/4 cup	4.5
BBQ Sauce	2 TBSP	13.86
Weighted Daily Average		63.47
% of Calories		58.6%
Nutrient Guideline		

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	Portion Size	Carb (g)
Wed - 12/05/2018		
K-8 Breakfast	Total	
CYCLE 13	SERVING	0.0
Breakfast Bagel, Pizza	Bagel	23.16
Breakfast Bun, WG	BUN	39.0
Cereal, Cinn Toast Crunch, RS	Bowl	22.0
Cereal, Cheerios	1 oz	20.76
Cereal, Trix, WG, RS	Bowl	24.0
Crackers, Jungle Breakfast	1 oz	19.63
Fruit, Fresh, Breakfast***	1 piece	17.8
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Middle School (6-8) Lunch		
CYCLE 13	Total	
Speedline Enchilada, Chicken	SERVING	0.0
Crackers, WG, Mini, Zesta	1 Enchilada	22.22
Chicken Nuggets Tyson	1 Pouch	7.0
Specialty Salad/Yogurt Parfait	5 pieces	16.0
Pizza, Cheese, 8slice 1.75MMA	Container	59.58
Pizza, Meat Lovers 8sl 2MMA	Slice	42.27
Salad Blend	Slice	42.67
Zucchini, Sticks	3/4 Cup	4.0
Potato, Fries, Oven Baked*	1/4 Cup	1.51
Black Beans, Veg 1/4c	1/2 Cup	17.36
Orange Wedges 1/2 orange	1/4 Cup	10.0
Applesauce, unsweetened	1/2 orange	5.64
Peaches, Diced, Cnd	1/4 cup	6.5
Cookie, Choc Chip (to bake)	1/4 Cup	12.0
Milk, Nonfat	Cookie	18.5
Milk, 1% Lowfat	HALF PINT	12.0
Milk, Chocolate Nonfat	HALF PINT	14.0
Dressing, Italian	Carton	23.0
Dressing, Ranch	2 TBSP	6.0
Ketchup	2 TBSP	2.0
Mustard	1 TBSP	5.0
Salsa, Mild, Cnd	Tbsp	0.0
Taco Sauce, Mild	2 TBSP	4.0
	pkt	1.18
Weighted Daily Average		85.83
% of Calories		60.0%
Nutrient Guideline		

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	Portion Size	Carb (g)
Thu - 12/06/2018		
K-8 Breakfast	Total	
CYCLE 14	SERVING	0.0
Pancakes, Mini, Strawberry, IW	Pkg	42.0
Breakfast Bun, WG	BUN	39.0
Cereal, Cinn Toast Crunch, RS	Bowl	22.0
Cereal, Cheerios	1 oz	20.76
Cereal, Trix, WG, RS	Bowl	24.0
Belly Bear, WG, Brkfast Honey	PKG	20.0
Fruit, Fresh, Breakfast***	1 piece	17.8
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Middle School (6-8) Lunch	Total	
CYCLE 14	SERVING	0.0
Rodeo Roundup: Hamburger Patty	Patty	2.0
Bun, Hamburger WG 3.5"	Bun	28.0
Cheese, Slice	1 slice	1.0
Onion Rings	2 Pieces	10.8
BBQ Sauce	2 TBSP	13.86
Spicy Curly Fries	1/4 cup	7.5
Chicken Tenders	3 Pieces	13.0
Crackers, WG, Mini, Zesta	1 Pouch	7.0
Sandwich, Grape PBJ	Sandwich	32.0
String Cheese @lunch	PACKAGE	0.0
Specialty Salad/Yogurt Parfait	Container	59.58
Pizza, Cheese, 8slice 1.75MMA	Slice	42.27
Pizza, Pepperoni 8slce 1.75MMA	Slice	41.86
Salad Blend	3/4 Cup	4.0
Dill Pickle Chips	1/8 Cup	0.52
Peas, Sweet, Cnd 1/4c	1/4 Cup	6.0
Broccoli	1/4 CUP	1.51
Fruit Juice, Variety***	4 fl.oz.	15.5
Apple Slices IW***	2 oz Pkg	7.0
Milk, Nonfat	HALF PINT	12.0
Milk, 1% Lowfat	HALF PINT	14.0
Dressing, Italian	2 TBSP	6.0
Dressing, Ranch	2 TBSP	2.0
Ketchup	1 TBSP	5.0
Mustard	1 TSP	0.0
Mayonnaise. Light	1 TBSP	2.0
Marinara Sauce	1/4 cup	4.5
Weighted Daily Average		52.63
% of Calories		63.7%
Nutrient Guideline		

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	Portion Size	Carb (g)
Fri - 12/07/2018		
K-8 Breakfast	Total	
CYCLE 15	SERVING	0.0
Omelet, Cheese	1 Omelet	1.0
Tortilla, Flour, 6" WG	Tortilla	15.0
Breakfast Bun, WG	BUN	39.0
Cereal, Cinn Toast Crunch, RS	Bowl	22.0
Cereal, Cheerios	1 oz	20.76
Cereal, Trix, WG, RS	Bowl	24.0
Crackers, Jungle Breakfast	1 oz	19.63
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Fruit Juice, Variety***	4 fl.oz.	15.5
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Middle School (6-8) Lunch	Total	
CYCLE 15	SERVING	0.0
Carnitas Fiesta Bowl	Bowl	30.0
Chicken, Popcorn, WG	15 pieces	17.06
Chicken, Popcorn, Spicy	12 Pieces	16.0
Specialty Salad/Yogurt Parfait	Container	59.58
Pizza, Cheese, 8slice 1.75MMA	Slice	42.27
Pizza, Pepperoni 8slice 1.75MMA	Slice	41.86
Manager's Choice	1	*N/A*
Salad Blend	3/4 Cup	4.0
Potato, Fries, Oven Baked*	1/2 Cup	17.36
Beans, Garbanzo	1/4 cup	10.0
Carrots, baby-cut, IW	1pkg	4.0
Pears, Cnd, Sliced, juice 1/4c	1/4 cup	8.02
Fruit, Mixed, Cnd	1/4 cup	9.0
Fruit, Fresh, Variety	1 EACH	13.73
Belly Bears, Chocolate	package	20.25
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	16.0
Milk, Chocolate Nonfat	Carton	23.0
Dressing, Italian	2 TBSP	6.0
Dressing, Ranch	2 TBSP	2.0
Ketchup	1 TBSP	5.0
Mustard	1 TSP	0.0
Mayonnaise. Light	1 TBSP	2.0
Tajin, LS	1/4 Tsp	0.5
Weighted Daily Average		47.83
% of Calories		66.5%
Nutrient Guideline		

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	Portion Size	Carb (g)
Mon - 12/10/2018		
K-8 Breakfast	Total	
CYCLE 16	SERVING	0.0
Breakfast Burrito, Los Cabos	4 OZ	42.21
Breakfast Bun, WG	BUN	39.0
Cereal, Cinn Toast Crunch, RS	Bowl	22.0
Cereal, Cheerios	Bowl	20.76
Cereal, Trix, WG, RS	Bowl	24.0
Crackers, Jungle Breakfast	1 oz	19.63
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Fruit Juice, Variety***	4 fl.oz.	15.5
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Middle School (6-8) Lunch		
CYCLE 16	Total	
Chicken, Popcorn, Spicy	13 Pieces	16.0
Chicken, Popcorn, WG	12 pieces	17.06
Crackers, WG, Mini, Zesta	1 Pouch	7.0
Corn Dogs, Mini Chicken	6 Mini Dogs	28.7
Specialty Salad/Yogurt Parfait	Container	59.58
Pizza, Cheese, 8slice 1.75MMA	Slice	42.27
Pizza, Pepperoni 8slc 1.75MMA	Slice	41.86
Salad Blend	3/4 Cup	4.0
Potato, Fries, Oven Baked*	1/2 Cup	17.36
Corn, Cnd 1/4c	1/4 CUP	12.75
Beans, Garbanzo	1/4 cup	10.0
Pears, Cnd, Sliced, juice 1/4c	1/4 cup	8.02
Apple Slices IW***	2 oz Pkg	7.0
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
Milk, Chocolate Nonfat	Carton	23.0
Dressing, Italian	2 TBSP	6.0
Dressing, Ranch	2 TBSP	2.0
Ketchup	1 TBSP	5.0
Mustard	1 TSP	0.0
Weighted Daily Average		60.44
% of Calories		58.4%
Nutrient Guideline		

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	Portion Size	Carb (g)
Tue - 12/11/2018		
K-8 Breakfast	Total	
CYCLE 17	SERVING	0.0
Egg & Turkey Sausage Wrap	Wrap	17.0
Breakfast Bun, WG	BUN	39.0
Cereal, Cinn Toast Crunch, RS	Bowl	22.0
Cereal, Cheerios	Bowl	20.76
Cereal, Trix, WG, RS	Bowl	24.0
Belly Bears, Cinnamon	package	21.0
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Fruit, Fresh, Breakfast***	1 piece	17.8
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Middle School (6-8) Lunch	Total	
CYCLE 17	SERVING	0.0
Pizza, Taco, 8slice 1.75MMA	Slice	39.76
Chicken Tenders	3 Pieces	13.0
Specialty Salad/Yogurt Parfait	Container	59.58
Pizza, Cheese, 8slice 1.75MMA	Slice	42.27
Pizza, Pepperoni 8slice 1.75MMA	Slice	41.86
Potato, Fries, Oven Baked*	1/2 Cup	17.36
Celery Sticks	1/4 CUP	1.14
Green Beans	1/4 CUP	2.5
Banana***	1 EACH	18.5
Fruit Juice, Variety***	4 fl.oz.	15.5
Crackers, Jungle	1 oz	19.63
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
Dressing, Italian	2 TBSP	6.0
Dressing, Ranch	2 TBSP	2.0
Ketchup	1 TBSP	5.0
Mustard	1 Tbsp	0.0
Salsa, Mild, Cnd	2 TBSP	4.0
Taco Sauce, Mild	pkt	1.18
Weighted Daily Average		64.86
% of Calories		64.1%
Nutrient Guideline		

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	Portion Size	Carb (g)
Wed - 12/12/2018		
K-8 Breakfast	Total	
CYCLE 18	SERVING	0.0
Quesadilla, Breakfast, Cheese	1 Each	14.0
Breakfast Bun, WG	BUN	39.0
Cereal, Cinn Toast Crunch, RS	Bowl	22.0
Cereal, Cheerios	Bowl	20.76
Cereal, Trix, WG, RS	Bowl	24.0
Crackers, Jungle Breakfast	1 oz	19.63
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Fruit, Fresh, Breakfast***	1 piece	17.8
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Middle School (6-8) Lunch		
CYCLE 18	Total	
Pork, Pulled, Cooked, Frozen	SERVING	0.0
Roll, WG 4"	4 oz	0.0
BBQ Sauce	Roll	27.0
Chicken Nuggets Tyson	2 TBSP	13.86
Specialty Salad/Yogurt Parfait	5 pieces	16.0
Pizza, Cheese, 8slice 1.75MMA	Container	59.58
Pizza, Pepperoni 8slice 1.75MMA	Slice	42.27
Salad Blend	Slice	41.86
Beans, Red Kidney	3/4 Cup	4.0
Dill Pickle Chips	1/4 CUP	11.0
Peaches, Diced, Cnd	1/8 Cup	0.52
Orange Wedges 1/2 orange	1/4 Cup	12.0
Cookie, Carnival (to bake)	1/2 orange	5.64
Milk, Nonfat	1.5 oz	27.0
Milk, 1% Lowfat	HALF PINT	12.0
Milk, Chocolate Nonfat	HALF PINT	16.0
Dressing, Italian	Carton	23.0
Dressing, Ranch	2 TBSP	6.0
Ketchup	2 TBSP	2.0
Mustard	1 TBSP	5.0
Taco Sauce, Mild	1 TSP	0.0
Salsa, Mild, Cnd	pkt	1.18
Weighted Daily Average	2 TBSP	4.0
% of Calories		64.69
Nutrient Guideline		65.5%

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	Portion Size	Carb (g)
Thu - 12/13/2018		
K-8 Breakfast	Total	
CYCLE 19	SERVING	0.0
Pancake & Sausage Stick, WG	1 EACH	19.8
Breakfast Bun, WG	BUN	39.0
Cereal, Cinn Toast Crunch, RS	Bowl	22.0
Cereal, Cheerios	Bowl	20.76
Cereal, Trix, WG, RS	Bowl	24.0
Belly Bear, WG, Brkfst Honey	PKG	20.0
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Fruit, Fresh, Breakfast***	1 piece	17.8
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Syrup	1 TBSP	12.5
Middle School (6-8) Lunch	Total	
CYCLE 19	SERVING	0.0
Meatballs, Beef 5	5 Meatballs	5.0
Marinara Sauce	1/4 cup	4.5
Roll, WG 4"	Roll	27.0
Cheese, Shredded for topping	1/8 cup	0.05
Chicken, Popcorn, WG	15 pieces	17.06
Chicken, Popcorn, Spicy	12 Pieces	16.0
Specialty Salad/Yogurt Parfait	Container	59.58
Pizza, Cheese, 8slice 1.75MMA	Slice	42.27
Pizza, Pepperoni 8slice 1.75MMA	Slice	41.86
Salad Blend	3/4 Cup	4.0
Potato, Fries, Oven Baked*	1/2 Cup	17.36
Corn, Cnd 1/4c	1/4 CUP	12.75
Apple, Fresh	1 EACH	14.64
Fruit, Mixed, Dried	1/8 Cup	18.16
Fruit Juice, Variety***	4 fl.oz.	15.5
Milk, Nonfat	HALF PINT	12.0
Milk, 1% Lowfat	HALF PINT	16.0
Dressing, Italian	2 TBSP	6.0
Dressing, Ranch	2 TBSP	2.0
Ketchup	1 TBSP	5.0
Tajin, LS	1/4 Tsp	0.5
Weighted Daily Average		43.98
% of Calories		63.6%
Nutrient Guideline		

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	Portion Size	Carb (g)
Fri - 12/14/2018		
K-8 Breakfast	Total	
CYCLE 20	SERVING	0.0
Buttermilk Bar	2.5 oz	34.94
Breakfast Bun, WG	BUN	39.0
Cereal, Cinn Toast Crunch, RS	Bowl	22.0
Cereal, Cheerios	Bowl	20.76
Cereal, Trix, WG, RS	Bowl	24.0
Belly Bears, WG, Brkfst Cinn	package	21.0
Fruit Juice, Variety***	4 fl.oz.	15.5
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Middle School (6-8) Lunch	Total	
CYCLE 20	SERVING	0.0
Chicken Patty	Pattie	12.0
Chicken Patty, Spicy	Pattie	17.0
Bun, Hamburger WG 3.5"	Bun	28.0
Lettuce, Shredded for topping	2 TBSP	0.29
Tomato, Slice	slice	0.58
Cheese, Slice, Optional	1 slice	1.0
Sandwich, Strawberry PBJ	Sandwich	32.0
String Cheese @lunch	PACKAGE	0.0
Specialty Salad/Yogurt Parfait	Container	59.58
Pizza, Cheese, 8slice 1.75MMA	Slice	42.27
Pizza, Pepperoni 8slice 1.75MMA	Slice	41.86
Manager's Choice	1	*N/A*
Salad Blend	3/4 Cup	4.0
Broccoli	1/4 CUP	1.51
Carrots, baby-cut, IW	1pkg	4.0
Peaches, Diced, Cnd	1/4 Cup	12.0
Pineapple, Sno Pal	1 package	8.0
Milk, Nonfat	HALF PINT	12.0
Milk, 1% Lowfat	HALF PINT	16.0
Milk, Chocolate Nonfat	Carton	23.0
Dressing, Italian	2 TBSP	6.0
Dressing, Ranch	2 TBSP	2.0
Ketchup	1 TBSP	5.0
Mustard	1 TSP	0.0
Mayonnaise. Light	1 TBSP	2.0
Tajin, LS	1/4 Tsp	0.5
Weighted Daily Average		47.51
% of Calories		51.8%
Nutrient Guideline		

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Base Menu Spreadsheet
Portion Values - Detailed

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Dec 3, 2018 thru Dec 21, 2018

Combined: K-8 Breakfast/Middle School (6-8) Lunch

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	Portion Size	Carb (g)
Mon - 12/17/2018		
K-8 Breakfast	Total	
CYCLE 21	SERVING	0.0
Yogurt, Yoplait Trix	4 oz	17.0
Belly Bear, Brkfst Honey wYogrt	PKG	20.0
Breakfast Bun, WG	BUN	39.0
Cereal, Cinn Toast Crunch, RS	Bowl	22.0
Cereal, Cheerios	1 oz	20.76
Cereal, Trix, WG, RS	Bowl	24.0
Crackers, Jungle Breakfast	1 oz	19.63
Fruit Juice, Variety***	4 fl.oz.	15.5
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Weighted Daily Average		87.33
% of Calories		74.3%
Nutrient Guideline		

Tue - 12/18/2018		
K-8 Breakfast	Total	
CYCLE 22	SERVING	0.0
Breakfast Bagel, Pizza	Bagel	23.16
Breakfast Bun, WG	BUN	39.0
Cereal, Cinn Toast Crunch, RS	Bowl	22.0
Cereal, Cheerios	1 oz	20.76
Cereal, Trix, WG, RS	Bowl	24.0
Belly Bears, WG, Brkfst Cinn	package	21.0
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Fruit, Fresh, Breakfast***	1 piece	17.8
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Weighted Daily Average		85.48
% of Calories		72.1%
Nutrient Guideline		

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Base Menu Spreadsheet
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Dec 3, 2018 thru Dec 21, 2018

Combined: K-8 Breakfast/Middle School (6-8) Lunch

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	Portion Size	Carb (g)
Wed - 12/19/2018		
K-8 Breakfast	Total	
CYCLE 23	SERVING	0.0
Pancakes, Mini, Maple, IW	Pkg	39.0
Breakfast Bun, WG	BUN	39.0
Cereal, Cinn Toast Crunch, RS	Bowl	22.0
Cereal, Cheerios	1 oz	20.76
Cereal, Trix, WG, RS	Bowl	24.0
Crackers, Jungle Breakfast	1 oz	19.63
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Fruit, Fresh, Breakfast***	1 piece	17.8
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Syrup	1 TBSP	12.5
Weighted Daily Average		90.40
% of Calories		75.3%
Nutrient Guideline		

	Portion Size	Carb (g)
Thu - 12/20/2018		
K-8 Breakfast	Total	
CYCLE 24	SERVING	0.0
Muffin, Apple Cinnamon 1.8 oz	Muffin	25.0
String Cheese @breakfast muff	PACKAGE	0.0
Breakfast Bun, WG	BUN	39.0
Cereal, Cinn Toast Crunch, RS	Bowl	22.0
Cereal, Cheerios	1 oz	20.76
Cereal, Trix, WG, RS	Bowl	24.0
Belly Bear, WG, Brkfast Honey	PKG	20.0
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Fruit, Fresh, Breakfast***	1 piece	17.8
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Weighted Daily Average		85.76
% of Calories		74.5%
Nutrient Guideline		

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Base Menu Spreadsheet
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Combined: K-8 Breakfast/Middle School (6-8) Lunch

Generated on: 11/21/2018 11:46:36 AM

	Portion Size	Carb (g)
Fri - 12/21/2018		
K-8 Breakfast	Total	
CYCLE 25	SERVING	0.0
Breakfast Pizza	3" Round	14.85
Breakfast Bun, WG	BUN	39.0
Cereal, Cinn Toast Crunch, RS	Bowl	22.0
Cereal, Cheerios	1 oz	20.76
Cereal, Trix, WG, RS	Bowl	24.0
Belly Bear, WG, Brkfast Honey	PKG	20.0
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Fruit, Fresh, Breakfast***	1 piece	17.8
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Weighted Daily Average		82.38
% of Calories		71.1%
Nutrient Guideline		

Weighted Average		66.49
		66.3%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	66.49	66.31%						

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