

# SCVSFSA

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Jun 1, 2017 thru Jun 16, 2017

Combined: K-8 Breakfast/K-8 Lunch

Generated on: 5/25/2017 11:49:51 AM

	Portion Size	Carb (g)
Thu - 06/01/2017		
K-8 Breakfast	Total	
CYCLE 19	SERVING	0.0
Pancake, Buttermilk, WG	1 EACH	15.5
Sausage Patty, Pork	Patty	0.5
Syrup, Pancake & Waffle	1 TBSP	12.5
Breakfast Bun, WG	BUN	37.0
Cereal, Cinn Toast Crunch, WG	Bowl	22.0
Cereal, Honey Nut Cheerios, WG	Bowl	22.0
Cereal, Trix, WG, RS	Bowl	24.0
Belly Bear, WG, Brkfast Honey	PKG	20.0
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Fruit, Fresh, Breakfast***	1 piece	17.8
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Dressing, Italian, Light	2 TBSP	2.0
Dressing, Ranch, Light	2 TBSP	6.0
Ketchup	1 TBSP	5.0
K-8 Lunch	Total	
CYCLE 19	SERVING	0.0
Meatballs & Marinara Sauce	4 Meatballs/sau	10.0
Roll, WG 4"	Roll	27.0
Cheese, Shredded for topping	1 TBSP	0.05
Sandwich, Strawberry PBJ	Sandwich	32.0
String Cheese @lunch	PACKAGE	0.0
Pizza, Cheese, SmartChoice	Slice	33.81
Pizza, Pepperoni SmartChoice	Slice	33.88
Salad Blend	3/4 Cup	4.0
Potato, Fries, Oven Baked	1/4 Cup	8.5
Jicama Sticks	1/4 cup	2.65
Corn, Cnd 1/4c	1/4 CUP	12.75
Apple, Fresh	1 EACH	14.64
Pudding, Chocolate Bay Valley	1/3 cup	17.18
Whipped Topping, On Top Richs	1 TBSP	1.0
Milk, Nonfat	HALF PINT	12.0
Milk, 1% Lowfat	HALF PINT	16.0
Weighted Daily Average		52.39
% of Calories		57.4%
Nutrient Guideline		

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Combined: K-8 Breakfast/K-8 Lunch

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	Portion Size	Carb (g)
Fri - 06/02/2017		
K-8 Breakfast	Total	
CYCLE 20	SERVING	0.0
Cinnamon Roll, Sweet Potato	Roll	43.0
Breakfast Bun, WG	BUN	37.0
Cereal, Cinn Toast Crunch, WG	Bowl	22.0
Cereal, Honey Nut Cheerios, WG	Bowl	22.0
Cereal, Trix, WG, RS	Bowl	24.0
Belly Bears, WG, Brkfst Cinn	package	21.0
Fruit Juice, Variety***	4 fl.oz.	15.5
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Dressing, Italian, Light	2 TBSP	2.0
Dressing, Ranch, Light	2 TBSP	6.0
Ketchup	1 TBSP	5.0
Mustard	1 TSP	0.0
BBQ Sauce	2 TBSP	13.86
Salsa, Mild, Cnd	2 TBSP	4.0
Taco Sauce, Mild	pkt	1.18
K-8 Lunch	Total	
CYCLE 20	SERVING	0.0
Chicken Drumstick, BBQ Teriyaki	Drumstick	3.0
Rice, Brown, WG 1/2cup	1/2 cup	18.58
Speedline Rice, Brown, 1/2 cup	1/2 cup	18.58
Quesadilla, Chicken	piece	16.45
Pizza, Cheese, SmartChoice	Slice	33.81
Pizza, Pepperoni SmartChoice	Slice	33.88
Salad Blend	3/4 Cup	4.0
Broccoli	1/4 CUP	1.51
Beans, Red Kidney	1/4 CUP	11.0
Orange Wedges (whole)***	4 Wedges	11.28
Pineapple, Sno Pal	1/2 package	4.0
Milk, Nonfat	HALF PINT	12.0
Milk, 1% Lowfat	HALF PINT	16.0
Milk, Chocolate Nonfat	Carton	23.0
Weighted Daily Average		41.23
% of Calories		55.4%
Nutrient Guideline		

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	Portion Size	Carb (g)
Mon - 06/05/2017		
K-8 Breakfast	Total	
CYCLE 21	SERVING	0.0
Yogurt, Yoplait Trix	4 oz	17.0
Belly Bear,Brkfst Honey wYogrt	PKG	20.0
Breakfast Bun, WG	BUN	37.0
Cereal, Cinn Toast Crunch, WG	Bowl	22.0
Cereal, Honey Nut Cheerios, WG	Bowl	22.0
Cereal, Trix, WG, RS	Bowl	24.0
Crackers, Jungle Breakfast	1 oz	19.63
Fruit Juice, Variety***	4 fl.oz.	15.5
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Milk, Nonfat	HALF PINT	13.0
Milk,1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Dressing, Italian, Light	2 TBSP	2.0
Dressing, Ranch, Light	2 TBSP	6.0
Ketchup	1 TBSP	5.0
Mustard	1 TSP	0.0
Marinara Sauce	1/4 cup	4.5
K-8 Lunch	Total	
CYCLE 21	SERVING	0.0
Lil Kahuna Double Dogs	4 oz	27.0
Chicken Tenders	3 Pieces	13.0
Pizza, Cheese, SmartChoice	Slice	33.81
Pizza, Pepperoni SmartChoice	Slice	33.88
Salad Blend	3/4 Cup	4.0
Dill Pickle Chips	1/8 Cup	0.52
Potato,Fries,Oven Baked	1/4 Cup	8.5
Green Beans	1/4 CUP	2.5
Apple, Fresh	1 EACH	14.64
Crackers, Jungle	1 oz	19.63
Milk, Nonfat	HALF PINT	12.0
Milk,1% Lowfat	HALF PINT	16.0
Milk, Chocolate Nonfat	Carton	23.0
Weighted Daily Average		34.80
% of Calories		59.7%
Nutrient Guideline		

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Combined: K-8 Breakfast/K-8 Lunch

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	Portion Size	Carb (g)
Tue - 06/06/2017		
K-8 Breakfast	Total	
CYCLE 22	SERVING	0.0
Cinnamon Toast	Pkg	30.0
Breakfast Bun, WG	BUN	37.0
Cereal, Cinn Toast Crunch, WG	Bowl	22.0
Cereal, Honey Nut Cheerios, WG	Bowl	22.0
Cereal, Trix, WG, RS	Bowl	24.0
Belly Bears, WG, Brkfst Cinn	package	21.0
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Fruit, Fresh, Breakfast***	1 piece	17.8
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Dressing, Italian, Light	2 TBSP	2.0
Dressing, Ranch, Light	2 TBSP	6.0
Ketchup	1 TBSP	5.0
Mustard	1 TSP	0.0
Marinara Sauce	1/4 cup	4.5
Salsa, Mild, Cnd	2 TBSP	4.0
Taco Sauce, Mild	pkt	1.18
K-8 Lunch	Total	
CYCLE 22	SERVING	0.0
Pork Carnitas, Shredded	2 oz	0.0
Cheese, Shredded	1 oz	0.19
Lettuce, Shredded for taco	2 TBSP	0.27
Tortilla, Flour, 6" WG	Tortilla	15.0
Taco Shell	Shell	12.0
Chicken Tenders	3 Pieces	13.0
Pizza, Cheese, SmartChoice	Slice	33.81
Pizza, Pepperoni SmartChoice	Slice	33.88
Salad Blend	3/4 Cup	4.0
Corn, Cnd 1/4c	1/4 CUP	12.75
Black Beans, Veg 1/4c	1/4 Cup	10.0
Peaches, cnd, Sliced, light sy	1/4 cup	9.13
Banana***	1 EACH	18.5
Fruit Juice, Variety***	4 fl.oz.	15.5
Milk, Nonfat	HALF PINT	12.0
Milk, 1% Lowfat	HALF PINT	16.0
Weighted Daily Average		48.52
% of Calories		55.6%
Nutrient Guideline		

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	Portion Size	Carb (g)
Wed - 06/07/2017		
K-8 Breakfast	Total	
CYCLE 23	SERVING	0.0
Breakfast Burrito, Los Cabos	4 OZ	42.21
Breakfast Bun, WG	BUN	37.0
Cereal, Cinn Toast Crunch, WG	Bowl	22.0
Cereal, Honey Nut Cheerios, WG	Bowl	22.0
Cereal, Trix, WG, RS	Bowl	24.0
Crackers, Jungle Breakfast	1 oz	19.63
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Fruit, Fresh, Breakfast***	1 piece	17.8
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Dressing, Italian, Light	2 TBSP	2.0
Dressing, Ranch, Light	2 TBSP	6.0
Ketchup	1 TBSP	5.0
BBQ Sauce	2 TBSP	13.86
Salsa, Mild, Cnd	2 TBSP	4.0
Taco Sauce, Mild	pkt	1.18
K-8 Lunch	Total	
CYCLE 23	SERVING	0.0
Cowboy Bowl:	1 Bowl	34.5
Chicken, Popcorn, WG	12 pieces	14.0
Potatoes, Mashed: Cowboy Bowl	1/4 Cup	3.88
Corn: Cowboy Bowl	1/4 CUP	12.75
Cheese, Shredded	1 oz	0.19
Sandwich, Grape PBJ	Sandwich	32.0
String Cheese @lunch	PACKAGE	0.0
Pizza, Sausage/SmartChoice	Slice	33.95
Pizza, Cheese, SmartChoice	Slice	33.81
Salad Blend	3/4 Cup	4.0
Carrots, baby-cut, 1.3 oz pkg	1 pkg	4.0
Broccoli	1/4 CUP	1.51
Applesauce, Unsweetened, Cups,	Container	13.99
Pears, Cnd, Sliced, juice 1/4c	1/4 cup	8.02
Cookie, Choc Chip (pre-baked)	Cookie	18.5
Cookie, Choc Chip (to bake)	Cookie	18.5
Milk, Nonfat	HALF PINT	12.0
Milk, 1% Lowfat	HALF PINT	16.0
Milk, Chocolate Nonfat	Carton	23.0
Weighted Daily Average		51.45
% of Calories		53.8%
Nutrient Guideline		

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	Portion Size	Carb (g)
Thu - 06/08/2017		
K-8 Breakfast	Total	
CYCLE 24	SERVING	0.0
Quesadilla, Breakfast, Cheese	1 Each	14.0
Breakfast Bun, WG	BUN	37.0
Cereal, Cinn Toast Crunch, WG	Bowl	22.0
Cereal, Honey Nut Cheerios, WG	Bowl	22.0
Cereal, Trix, WG, RS	Bowl	24.0
Belly Bear, WG, Brkfast Honey	PKG	20.0
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Fruit, Fresh, Breakfast***	1 piece	17.8
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Dressing, Italian, Light	2 TBSP	2.0
Dressing, Ranch, Light	2 TBSP	6.0
Ketchup	1 TBSP	5.0
Mustard	1 TSP	0.0
Marinara Sauce	1/4 cup	4.5
K-8 Lunch	Total	
CYCLE 24	SERVING	0.0
Macaroni & Cheese #8	1/2 Cup	23.24
Chicken Tenders	3 Pieces	13.0
Pizza, Cheese, SmartChoice	Slice	33.81
Pizza, Pepperoni SmartChoice	Slice	33.88
Salad Blend	3/4 Cup	4.0
Crackers, WG, Mini, Zesta	Pouch	14.0
Green Beans	1/4 CUP	2.5
Beans, Garbanzo	1/4 cup	10.0
Fruit Juice, Variety***	4 fl.oz.	15.5
Apple, Fresh	1 EACH	14.64
Milk, Nonfat	HALF PINT	12.0
Milk, 1% Lowfat	HALF PINT	16.0
Weighted Daily Average		30.66
% of Calories		65.6%
Nutrient Guideline		

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	Portion Size	Carb (g)
Fri - 06/09/2017		
K-8 Breakfast	Total	
CYCLE 25	SERVING	0.0
Pancake & Sausage Stick, WG	1 EACH	19.8
Syrup, Pancake & Waffle	1 TBSP	12.5
Breakfast Bun, WG	BUN	37.0
Cereal, Cinn Toast Crunch, WG	Bowl	22.0
Cereal, Honey Nut Cheerios, WG	Bowl	22.0
Cereal, Trix, WG, RS	Bowl	24.0
Crackers, Jungle Breakfast	1 oz	19.63
Fruit Juice, Variety***	4 fl.oz.	15.5
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Dressing, Italian, Light	2 TBSP	2.0
Dressing, Ranch, Light	2 TBSP	6.0
Ketchup	1 TBSP	5.0
Mustard	1 TSP	0.0
Marinara Sauce	1/4 cup	4.5
Syrup, Pancake & Waffle	1 TBSP	12.5
Salsa, Mild, Cnd	2 TBSP	4.0
Taco Sauce, Mild	pkt	1.18
K-8 Lunch	Total	
CYCLE 25	SERVING	0.0
Chicken Tenders	3 Pieces	13.0
Burrito, Bean & Cheese, Lunch	5.75 oz	54.0
Manager's Choice	1	*N/A*
Pizza, Cheese, SmartChoice	Slice	33.81
Pizza, Pepperoni SmartChoice	Slice	33.88
Salad Blend	3/4 Cup	4.0
Corn, Cnd 1/4c	1/4 CUP	12.75
Beans, Red Kidney	1/4 CUP	11.0
Applesauce, Unsweetened, Cups,	Container	13.99
Orange Wedges (whole)***	4 Wedges	11.28
Milk, Nonfat	HALF PINT	12.0
Milk, 1% Lowfat	HALF PINT	14.0
Milk, Chocolate Nonfat	Carton	23.0
Weighted Daily Average		56.48
% of Calories		65.6%
Nutrient Guideline		

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	Portion Size	Carb (g)
<b>Mon - 06/12/2017</b>		
K-8 Breakfast	Total	
CYCLE 01	SERVING	0.0
Muffin, Star, Corn 2.5oz	1 Each	37.0
Cinnamon Roll, Sweet Potato	Roll	43.0
Cereal, Cinn Toast Crunch, WG	Bowl	22.0
Cereal, Honey Nut Cheerios, WG	Bowl	22.0
Cereal, Trix, WG, RS	Bowl	24.0
Belly Bears, WG, Brkfst Cinn	package	21.0
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Fruit Juice, Variety***	4 fl.oz.	15.5
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Dressing, Italian, Light	2 TBSP	2.0
Dressing, Ranch, Light	2 TBSP	6.0
Ketchup	1 TBSP	5.0
Mustard	1 TSP	0.0
Mayonnaise. Light	1 TBSP	2.0
K-8 Lunch	Total	
CYCLE 01	SERVING	0.0
Corn Dogs, Mini Chicken	6 Mini Dogs	28.7
Hamburger Patty	Patty	2.0
Cheese, Slice	1 slice	1.0
Bun, Hamburger WG 3.5"	Bun	28.0
Pizza, Cheese, SmartChoice	Slice	33.81
Pizza, Pepperoni SmartChoice	Slice	33.88
Potato,Fries,Oven Baked	1/4 Cup	8.5
Salad Blend	3/4 Cup	4.0
Broccoli	1/4 CUP	1.51
Dill Pickle Chips	1/8 Cup	0.52
Apple Slices-bag***	2 oz Pkg	8.0
Milk, Nonfat	HALF PINT	12.0
Milk, 1% Lowfat	HALF PINT	16.0
Milk, Chocolate Nonfat	Carton	23.0
Weighted Daily Average		40.34
% of Calories		65.8%
Nutrient Guideline		

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	Portion Size	Carb (g)
Tue - 06/13/2017		
K-8 Breakfast	Total	
CYCLE 02	SERVING	0.0
Egg & Turkey Sausage Wrap	Wrap	17.0
Breakfast Bun, WG	BUN	37.0
Cereal, Cinn Toast Crunch, WG	Bowl	22.0
Cereal, Honey Nut Cheerios, WG	Bowl	22.0
Cereal, Trix, WG, RS	Bowl	24.0
Crackers, Jungle Breakfast	1 oz	19.63
Fruit, Fresh, Breakfast***	1 piece	17.8
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Dressing, Italian, Light	2 TBSP	2.0
Dressing, Ranch, Light	2 TBSP	6.0
Ketchup	1 TBSP	5.0
Mustard	1 TSP	0.0
Mayonnaise, Light	1 TBSP	2.0
Salsa, Mild, Cnd	2 TBSP	4.0
K-8 Lunch	Total	
CYCLE 02	SERVING	0.0
Chicken Drumstick, Breaded	Piece	5.0
Potatoes, Mashed	1/4 Cup	7.75
Italian Cheesy Stix	2 Stix	34.0
Marinara Sauce	1/4 cup	4.5
Pizza, Cheese, SmartChoice	Slice	33.81
Pizza, Pepperoni SmartChoice	Slice	33.88
Salad Blend	3/4 Cup	4.0
Green Beans	1/4 CUP	2.5
Broccoli	1/4 CUP	1.51
Banana***	1 EACH	18.5
Fruit Juice, Variety***	4 fl.oz.	15.5
Brownie Cup	1.5 oz	26.0
Milk, Nonfat	HALF PINT	12.0
Milk, 1% Lowfat	HALF PINT	16.0
Weighted Daily Average		49.27
% of Calories		61.7%
Nutrient Guideline		

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	Portion Size	Carb (g)
Wed - 06/14/2017		
K-8 Breakfast	Total	
CYCLE 03	SERVING	0.0
Waffles, Snack'n Maple	Pouch	42.0
Sausage Patty, Pork	Patty	0.5
Cinnamon Roll, Sweet Potato	Roll	43.0
Cereal, Cinn Toast Crunch, WG	Bowl	22.0
Cereal, Honey Nut Cheerios, WG	Bowl	22.0
Cereal, Trix, WG, RS	Bowl	24.0
Belly Bear, WG, Brkfast Honey	PKG	20.0
Fruit, Fresh, Breakfast***	1 piece	17.8
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Dressing, Italian, Light	2 TBSP	2.0
Dressing, Ranch, Light	2 TBSP	6.0
Ketchup	1 TBSP	5.0
K-8 Lunch	Total	
CYCLE 03	SERVING	0.0
Chicken, Popcorn Orange	3.9 oz	21.0
Rice Pilaf (72 serv)	2/3 Cup	28.81
Speedline Rice Pilaf 2/3c	2/3 Cup	28.81
Chicken Tenders	3 Pieces	13.0
Pizza, Cheese, SmartChoice	Slice	33.81
Pizza, Pepperoni SmartChoice	Slice	33.88
Salad Blend	3/4 Cup	4.0
Carrots, baby-cut, 1.3 oz pkg	1 pkg	4.0
Potato Oven Fries	1/4 Cup	8.68
Peaches, cnd, Sliced, light sy	1/4 cup	9.13
Pears, Cnd, Sliced, juice 1/4c	1/4 cup	8.02
Cookie, Carnival (pre-baked)	1.5 oz	27.0
Cookie, Carnival (to bake)	1.5 oz	27.0
Milk, Nonfat	HALF PINT	12.0
Milk, 1% Lowfat	HALF PINT	16.0
Milk, Chocolate Nonfat	Carton	23.0
Weighted Daily Average		76.32
% of Calories		62.6%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# SCVSFSA

Base Menu Spreadsheet

Portion Values - Detailed

Page 11

Jun 1, 2017 thru Jun 16, 2017

Combined: K-8 Breakfast/K-8 Lunch

Generated on: 5/25/2017 11:49:52 AM

	Portion Size	Carb (g)
Thu - 06/15/2017		
K-8 Breakfast	Total	
CYCLE 04	SERVING	0.0
Sausage Biscuit	Sandwich	26.0
Breakfast Bun, WG	BUN	37.0
Cereal, Cinn Toast Crunch, WG	Bowl	22.0
Cereal, Honey Nut Cheerios, WG	Bowl	22.0
Cereal, Trix, WG, RS	Bowl	24.0
Belly Bears, WG, Brkfst Cinn	package	21.0
Fruit, Fresh, Breakfast***	1 piece	17.8
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Dressing, Italian, Light	2 TBSP	2.0
Dressing, Ranch, Light	2 TBSP	6.0
Ketchup	1 TBSP	5.0
Mustard	1 TSP	0.0
Mayonnaise, Light	1 TBSP	2.0
K-8 Lunch	Total	
CYCLE 04	SERVING	0.0
Chicken Patty	Pattie	12.0
Chicken Patty, Spicy	Pattie	17.0
Cheese, Slice	1 slice	1.0
Bun, Hamburger WG 3.5"	Bun	28.0
Manager's Choice	1	*N/A*
Pizza, Cheese, SmartChoice	Slice	33.81
Pizza, Pepperoni SmartChoice	Slice	33.88
Salad Blend	3/4 Cup	4.0
Zucchini, Sticks	1/4 Cup	0.95
Beans, Garbanzo	1/4 cup	10.0
Apple Slices-bag***	2 oz Pkg	8.0
Fruit Juice, Variety***	4 fl.oz.	15.5
Milk, Nonfat	HALF PINT	12.0
Milk, 1% Lowfat	HALF PINT	14.0
Weighted Daily Average		40.91
% of Calories		60.2%
Nutrient Guideline		

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# SCVSFSA

Base Menu Spreadsheet

Portion Values - Detailed

Page 12

Jun 1, 2017 thru Jun 16, 2017

Combined: K-8 Breakfast/K-8 Lunch

Generated on: 5/25/2017 11:49:52 AM

	Portion Size	Carb (g)
Fri - 06/16/2017		
K-8 Breakfast	Total	
CYCLE 05	SERVING	0.0
French Toast Sticks	2 Pieces	17.5
Sausage Patty, Pork	Patty	0.5
Syrup, Pancake & Waffle	2 TBSP	25.0
Cinnamon Roll, Sweet Potato	Roll	43.0
Cereal, Cinn Toast Crunch, WG	Bowl	22.0
Cereal, Honey Nut Cheerios, WG	Bowl	22.0
Cereal, Trix, WG, RS	Bowl	24.0
Crackers, Jungle Breakfast	1 oz	19.63
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Fruit Juice, Variety***	4 fl.oz.	15.5
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Dressing, Italian, Light	2 TBSP	2.0
Dressing, Ranch, Light	2 TBSP	6.0
Ketchup	1 TBSP	5.0
Mustard	1 TSP	0.0
K-8 Lunch	Total	
CYCLE 05	SERVING	0.0
Chicken Tenders	3 Pieces	13.0
Sandwich, Strawberry PBJ	Sandwich	32.0
String Cheese @lunch	PACKAGE	0.0
Pizza, Cheese, SmartChoice	Slice	33.81
Pizza, Pepperoni SmartChoice	Slice	33.88
Manager's Choice	1	*N/A*
Salad Blend	3/4 Cup	4.0
Green Beans	1/4 CUP	2.5
Black Beans, Veg 1/4c	1/4 Cup	10.0
Applesauce, Unsweetened, Cups,	Container	13.99
Milk, Nonfat	HALF PINT	12.0
Milk, 1% Lowfat	HALF PINT	14.0
Milk, Chocolate Nonfat	Carton	23.0
Weighted Daily Average		49.51
% of Calories		73.9%
Nutrient Guideline		

Weighted Average		47.66 61.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	47.66	60.97%						

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